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The PMA Pilates Certification Practice Question Booklet



Synopsis

This booklet may be used in conjunction with the PMA Certification Study Guide and, Joseph Pilatesâ™ Return to Life. Graduates of any comprehensive Pilates program will benefit from this booklet because it is composed of retired questions from previous exams, and therefore reflects the format of the multiple choice question, as well as the tone and grammatical structures used in the current exam.

Book Information

Paperback: 34 pages

Publisher: Pilates Method Alliance (August 10, 2015)

Language: English

ISBN-10: 0989812030

ISBN-13: 978-0989812030

Product Dimensions: 5.5 x 0.1 x 8.5 inches

Shipping Weight: 3.4 ounces (View shipping rates and policies)

Average Customer Review: 3.5 out of 5 starsÂ Â See all reviewsÂ (4 customer reviews)

Best Sellers Rank: #193,309 in Books (See Top 100 in Books) #34 inÂ Books > Health, Fitness & Dieting > Exercise & Fitness > Pilates

Customer Reviews

Poor value for \$'s spent. This is a very tiny 60 question 'booklet' - not a book. Was hoping for a lot more questions. Should be more like \$10-\$15 for what it is. Also, I had already paid \$50 to write an on line practice exam through the Castle testing and many of the same questions were duplicates in the book. To those looking to do a practice exam - do one or the other. Both was a waste of money.

I found this to be very poorly written and formatted HORRIBLY! Was it needed to successfully pass the test? Yes. Which is why I gave it 3 stars. But they should really review the content and make it more reader friendly.

Great prep tool for taking the Pilates Method Alliance Certification exam . Must have for all candidates.

Good questions but I would have liked more.

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